



## **Child/Teen Psychological Assessment Informed Consent Agreement**

**Psychological Testing (Minor)** I understand that in order to administer psychological testing, there must be a clear understanding and agreement about confidentiality, the licensed professional's role, procedures and fees. I understand that the licensed psychologist, Dr. Julia Rahn, Ph.D., and/or a *Studio For Change*® psychtechnician directly supervised by the licensed psychologist, Dr. Rahn, will administer all tests and procedures, analyze all test data, and prepare a report of her findings and recommendations. I agree that all test materials, results, and reports are the property of *Studio For Change*®.

### **Confidentiality**

I acknowledge that Psychological Assessment is a complex task that requires information to be collected from a variety of sources. I understand that data from psychological tests must be analyzed in context, which requires the assembling of both current and historical information. I recognize that the context of a person may include information about development, health, education, family, personal interests and relationships.

*I understand that information collected as part of the assessment process is confidential; information is shared only with those who are authorized to have access. I understand that the assessment process almost always includes the production of a written report which documents test data and places it in historical and developmental context. I acknowledge that reports written for this purpose are marked as confidential and will only be released to parents, guardians, and any other authorized individuals.*

I understand that all of the information collected in the assessment process is kept secure. I recognize that the licensed professional, Dr. Rahn, employs reasonable and prudent procedures to protect the security of test data and reports. I understand that test reports and test data are released only with my authorization or in response to a subpoena.

*I acknowledge that there are exceptions to confidentiality that are recognized by law. I understand that if the licensed professional, Dr. Rahn, believes my child is threatening serious harm to another person, she is required to try to protect the other person or persons. I recognize that in such a case, Dr. Rahn may have to tell the intended victim and the police and/or seek my child's hospitalization. Similarly, if my child threatens or acts in a way that is very likely to harm himself/herself, I understand that Dr. Rahn may have to seek hospitalization for my child, or contact my family members or others who can help to protect my child. I recognize that if such a situation arises, Dr. Rahn will discuss the situation with me as guardian before she contacts anyone else, unless matters of safety overrule such a discussion.*

I understand that if Dr. Rahn believes or suspects that a child, an elderly person, a disabled person or anyone else is being abused due to my neglect, assault, battery or sexual molestation, that she is bound by law to file a report with the appropriate agency. I understand that she does not have any authority to investigate the situation after it is reported, and that her report may trigger an investigation by the agency. I understand that there are additional ways confidentiality may be limited, and that it may be necessary to talk about my child's treatment with other professionals. I acknowledge that my child's name will not be revealed, and I understand that the other professional is also legally bound to maintain the confidentiality of my child's information.

I am aware that psychological evaluations are confidential, yet can become quasi-public documents. I understand that I will see and read the report of my minor child's evaluation. I acknowledge that other professionals or doctors, and/or a school may obtain a copy of the report, and that many individuals may know the results of psychological testing. I understand that Dr. Rahn will always attempt to be discreet and maintain confidentiality within the limits of the nature of this testing arrangement, though once a report is released, I accept that Dr. Rahn will have no control over its use or dissemination from that point forward.

I understand that children who are under the age of 12 (approximately) have limited legal rights with regard to confidentiality. I recognize that the younger the child, the more appropriate it is for Dr. Rahn to inform parents about what a child may have divulged to her during the evaluation. I am aware, however, that as a child becomes better able to understand and choose (typically between the ages of 12 and 18), he or she assumes legal rights. I acknowledge that in the process of collecting information from an adolescent, there are gray areas and that some teens may not share certain information with Dr. Rahn unless she promises a significant degree of confidentiality. I understand that to better understand the dynamics of my child, Dr. Rahn may choose to leave certain information out of a final report. I am aware that a common area of difficulty is drug use and that my child may have denied aspects of his or her use to me as a parent, but may be more forthcoming in the evaluation to Dr. Rahn. I accept that Dr. Rahn will use clinical judgment to decide the importance of specific information and its inclusion in the report. I understand that there are times when a decision is made to inform parents and others about information obtained from an evaluation that my child would rather remain confidential.

I understand that other issues such as pregnancy, abortion, illegal activities and sexual orientation also represent gray areas where a clear-cut set of rules regarding confidentiality does not always apply. I acknowledge that the discussion of whether or not to divulge a specific circumstance remains confidential. I recognize that it is always Dr. Rahn's intent to persuade a child or adolescent to not keep secrets. I understand that once an adolescent has had his or her 18<sup>th</sup> birthday, even if in high school and still living at home, he or she may evoke complete confidentiality over any element of an evaluation.

By reading the above information, I am aware that the laws and rules on confidentiality are complex and often do not appear to apply to every situation. I understand that if I have questions about confidentiality, I should discuss them with Dr. Rahn or an attorney. I understand that while complications not addressed here occur infrequently, Dr. Rahn is not able to give me legal advice. If my child or I have special or unusual concerns and need more specific advice, I agree to talk with an attorney to protect my interests legally.

#### **Release of Information and Records**

I understand that Dr. Rahn will maintain all notes, documents and test data in a safe and proper manner in accordance with applicable laws for the state of Illinois. I understand that copies of the final report are released only to those individuals whom I designate. I accept that the final report may be delivered to authorized individuals in a variety of ways including: printed copy sent by mail, facsimile or digital copy; when a digital copy is sent, it will be sent encrypted as a *Certified Mail* (e-mail) product.

I understand that in most cases, a report will be the final product of this assessment process. I understand that clerical staff may help organize materials and assist Dr. Rahn with clerical tasks. I understand that this individual has signed a confidentiality agreement and provides clerical/administrative support only.

I agree to sign any and all releases necessary to obtain reports or information from others who may supply relevant data (including but not limited to: psychiatrists, psychologists, therapists, teachers, school officials, pediatricians, etc.).

#### **Fees and Payment**

I acknowledge that psychological assessment is a specialty and may only be performed by individuals with the proper training, experience and license, and that typically this person is a licensed psychologist or someone supervised by a licensed psychologist. I understand that due to the special training, materials, and skills required, psychological assessment is expensive, and rarely covered by insurance. I acknowledge that preauthorization may be required by my insurance company, and it is my responsibility to obtain such preauthorization prior to the start of the assessment.

I acknowledge that psychological testing involves face-to-face assessment procedures, typically administered in a private office and often involving several hours over three or more sessions. I understand that psychological testing also involves scoring and interpreting test results and the preparation of a written report, and that these tasks often take as many hours to complete as the time spent face-to-face with the client. I recognize that a number of tasks can add to the cost of an assessment: home visits, review of documents such as prior reports,

collateral contacts with individuals (parents, teachers, therapists or doctors, etc.), and the administration of special test procedures to better identify a specific problem or need. I understand that costs may also be increased for urgent or emergency responses or cases when the time required to produce a report is critical.

I am aware that the total cost for a full battery of testing ranges from \$2,500 to \$3,500 and is billed at \$250.00 per hour. Unless using BC/BS insurance, a deposit of \$700 is due at the first session. A credit card will remain on file to bill the acquired fees including balance remainder, copays, coinsurance and/or deductible amounts. Payment plans may be utilized in agreement with the licensed psychologist and the person financially responsible for the account. I understand that complete payment of the balance must be submitted prior to my receiving the written report (credit card on file is sufficient when using BCBS insurance). I understand that Studio For Change® accepts payments by check, cash and credit card.

Regarding payment, I agree that in consideration for services provided, I am obligated to pay for all services billed by Studio For Change® including those billed and not covered by insurance. Shall the account be referred to an attorney for collection, I agree to pay reasonable attorney's fees and collection expense. I understand that all delinquent accounts are subject to delinquency fees.

I understand that if my account with Studio For Change® is unpaid and overdue without an arranged payment plan, legal means may be used to obtain payment from me. The only information given to the court, a collection agency, or a lawyer would include my name, address, the dates of professional services, and the amount due.

I understand that the person(s) designated as financially responsible for the account will be provided with an itemized receipt following the release of the final report. I am aware that this receipt will include confirmation of my initial deposit and final payment, and that it will be itemized and will correlate charges with appropriate CPT codes.

**Complaint procedures**

I recognize that Julia Rahn, Ph.D. is a licensed clinical psychologist who is voluntarily following APA ethical guidelines. I acknowledge that if I am dissatisfied with any aspect of the assessment process, I will discuss any issues with Dr. Rahn immediately. I understand that if I believe that I have been treated unfairly or even unethically and cannot resolve a problem, I can contact the Illinois State Board of Professional Regulation from whom Dr. Rahn receives her license to practice as a Psychologist.

I have read the material above, discussed it with my attorney (if necessary), understand it, and agree to participate as outlined.

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Child's Name

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Signature of parent / guardian

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Date

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Printed Name and Relationship